



Coaches Signature

Notification of Head Injury

Date of Injury _____

To the Parent/Guardian of _____

This is to notify you that your child received a blow to the head during Rugby training/match.

He/she received First Aid, but did not require hospital treatment at the time. If your child shows any of the following signs or symptoms, please follow the procedure outlined below.

Symptoms:

- Complains of mild generalised Headache
- Feels tired and sleepy
- Feels Dizzy or giddy – loss of balance
- Feels Nausea / sick
- Complains of blurred Vision
- Deteriorating levels of response when spoken to

Signs:

- Observe casualty is excessively tired / sleepy / drowsy
- Pulse is more rapid than usual – note if it starts to slow down yet remains strong and full it could indicate a compression injury (urgent admission to hospital is required)
- If breathing becomes more noisy
- Look at the pupils in the eye, they should be equal – if not = hospital
- Hot to touch – rising temperature
- Noticeable change in personality
- Any type of paralysis, weakness down one side of body or face

Procedure

In the event that you suspect any of the signs and symptoms are present, the Medical services need to check out the casualty for concussion and/or a compression injury.

Referral to Hospital

Same day as Incident – Go to Accident & Emergency at the local hospital

Day(s) after Incident – Go to Doctors surgery (explain urgency and ask for immediate consultation) Doctor will complete referral slips and X ray forms which saves much time during the triage and assessment stage and gets admission to hospital A&E faster. Go straight to A&E with X-Ray forms and Doctors referral and they will send you straight down for X Ray before you get to Triage!

Outside Surgery Hours – GP on call centre will advise either attend Night surgery centre or a Doctor will come out – then follow procedure as (Days after).

Please notify the coach as soon as is possible that your Son/Daughter has been referred for Medical assessment and treatment in Hospital. Please also advise the diagnosis when known.